

Steve St. Pierre's One Minute Confidence ("C") Tip

The C Tip is an insight that will inspire, educate and/or make us think about our lives differently. Give yourself a gift of the next minute to enjoy this message. (If you get something out of it...share it by forwarding to someone you care about.)

May 7th, 2015

*The Traveler's Gift: Seven Decisions that Determine Personal Success - The Fifth Decision (part 1)*ⁱ

When people read the story of Anne Frank, most are struck by her undying positivity. She maintains optimism even when it seems the whole world is against her. David meets Anne Frank in the famous Amsterdam annex on October 28, 1943. Outside, the Gestapo are busy tearing houses apart looking for Jews to take to concentration camps. The loud clang from the Westerkerk tower further disrupts the silence of the Frank family's hiding place.

Yet, Anne does not complain. She tells David that "complaining is an activity just as jumping rope or listening to the radio is an activity...one may choose to complain, and one may choose not to complain." This does not mean that she is always in a good mood. Rather, it means that if she finds herself feeling bitter or upset, she consciously makes the choice to be happy.

Anne recounts a lesson her father taught her: when a bunch of balloons are released into the sky, it is not the color of the balloon that matters, but what is on the inside of the balloon that makes the difference. She says, "Mr. Ponder, I don't believe that being Jewish or Aryan or African has any bearing on what one can become. Greatness does not care if one is a girl or a boy. If, in fact, it is what's inside us that makes all the difference, then the difference is made when we choose what goes inside."

Next week: We learn about the fifth decision for success: *today I will choose to be happy.*

Quote:

"Our very lives are fashioned by choice. First we make choices. Then our choices make us." - *The Traveler's Gift*

Confidently yours,

Steve

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We help create confident futures!

The Traveler's Gift is written by Andy Andrews, a best-selling novelist and speaker for many organizations. He has spoken for four different United States Presidents and appears on networks such as CNN, Fox News, and MSNBC. He is also the author of *New York Times* best-seller *The Noticer*, as well as *The Heart Mender*, *The Butterfly Effect*, and *The Boy Who Changed the World*. (Nashville, TN: Thomas Nelson, Inc., 2002). Andy Andrews is not affiliated with LPL Financial.

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