

Steve St. Pierre's One Minute Confidence ("C") Tip

The C Tip is an insight that will inspire, educate and/or make us think about our lives differently. Give yourself a gift of the next minute to enjoy this message. (If you get something out of it...share it by forwarding to someone you care about.)

May 28th, 2015

*The Traveler's Gift: Seven Decisions that Determine Personal Success - The Sixth Decision (part 2)*ⁱ

The principal of the sixth decision is to greet each day with a forgiving spirit. When you refuse to grant forgiveness – even to those who seem most unworthy of it – it festers inside you “like a crippled seed yielding bitter fruit.”

Forgiveness only has value when it is given away. Simply by choosing to forgive, you “release the demons of the past about which [you] can do nothing, and [you] create in [yourself] a new heart, a new beginning.” Forgiveness has the power to dissipate anger and resentment, and renew your own spirit.

Forgive those who criticize you unjustly. Recognize that bitterness is thoroughly unproductive. Those who live their lives according to the opinions of others are slaves; do not be a slave. You have chosen your path, you know right from wrong, you know what's best for you and your family; do not let unjust criticism alter your path.

When you make mistakes, forgive yourself. It is natural to respond to a lack of achievement with inaction; however, this will only make you more disappointed. You must forgive yourself, and erase the doubts, fears, and frustrations that have kept your past in your present. Do not let your history control your destiny. Forgive yourself.

Next week: We begin learning about the final decision for success when the archangel Gabriel speaks to David Ponder about the importance of persistence.

Quote:

“For many years, my greatest enemy has been myself. Every mistake, every miscalculation, every stumble I made has been replayed again and again in my mind...I realize today that it is impossible to fight an enemy living in my head.” - *The Traveler's Gift*

Confidently yours,

Steve

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We help create confident futures!

ⁱ *The Traveler's Gift* is written by Andy Andrews, a best-selling novelist and speaker for many organizations. He has spoken for four different United States Presidents and appears on networks such as CNN, Fox News, and MSNBC. He is also the author of *New York Times* best-seller *The Noticer*, as well as *The Heart Mender*, *The Butterfly Effect*, and *The Boy Who Changed the World*. (Nashville, TN: Thomas Nelson, Inc., 2002). Andy Andrews is not affiliated with LPL Financial.

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